



CHƯƠNG TRÌNH HỘI THẢO/CONFERENCE PROGRAM
“TÂM LÝ HỌC VÀ SỰ PHÁT TRIỂN CON NGƯỜI TRONG THẾ GIỚI ĐANG THAY ĐỔI”
PSYCHOLOGY AND HUMAN DEVELOPMENT IN A CHANGING WORLD

Thời gian/Time: Ngày 7 tháng 11 năm 2025/November 7th, 2025

Địa điểm/Place: Trường Đại học Khoa học Xã hội và Nhân văn, ĐHQGHN/USSH-VNU Hanoi

Thời gian /Time	Nội dung/Content	Địa điểm/Place
OPENING CEREMONY		
8h00-8h30	Đón tiếp đại biểu/Registration	Sảnh tầng 3 nhà E Reception Hall - 3 rd floor, E Building
8h30-8h40	Tuyên bố lý do, giới thiệu đại biểu/ Opening remarks and introduction of delegates	Phòng 304 nhà E/ Hall 304 - E Building
8h40-8h50	Phát biểu chào mừng/Welcome speech	
8h50-9h00	Báo cáo đề dẫn/Opening report	
9h00-9h10	Chụp ảnh lưu niệm/Group photo session	
Phiên tổng thể/Plenary session Chủ tọa/Chair: Assoc.Prof. Truong Thi Khanh Ha and Prof. Joanna Rózycka-Tran Địa điểm/Place: Phòng 304 nhà E/Hall 304 - E Building		
9h15-9h40	Neurodiversity in a cross-cultural context - when behaviors are perceived as normative or non-normative in both countries and why. <i>Małgorzata Lipowska, Prof</i> Institute of Psychology, University of Gdańsk, Poland	
9h40-10h05	Filial piety and its impact on subjective well-being: A comparative study of two age groups of adult children in Vietnam Gdańsk, <i>Truong Thi Khanh Ha, Assoc. Prof</i> Faculty of Psychology, Hanoi University of Social Sciences and Humanities	
10h05-10h30	Thảo luận/Discussions	
10h30-10h45	Giải lao/Tea break	Sảnh tầng 3 nhà E Reception Hall - 3 rd floor, E Building



10h45-11h10	Integrating clinical practice and academic teaching in psychotherapy education <i>Frank Phillip Valzano, Dr</i> Western Sydney University, Australia		Phòng 304 nhà E/Hall 304 E Building
11h10-11h35	What works and what doesn't: Evaluating the Polish mental health support pilot program <i>Mariola Bidzan, Prof; Ilona Bidzan-Bluma, Aleksandra Szulman-Wardal, Lucja Bieleninik</i> Institute of Psychology, University of Gdańsk, Poland		
11h35-12h	Thảo luận/Discussions		
12h-13h30	Nghỉ trưa/Lunch time		
13h30-13h50	Tiểu ban 1/Parallel session 1 Cross-cultural perspectives on family relationships and mental health Phòng 302 nhà E/ Hall 302 – E Building Session chair: Dr. Aleksandra Lewandowska-Walter Dr. Paulina Pawlicka Assoc.Prof. Tran Thu Huong Secretary: MA. Tran Van Minh	Tiểu ban 2/Parallel session 2 Innovative approaches to education and mental health promotion Phòng 304 nhà E/Hall 304 – E Building Session chair: Prof. Joanna Różycka-Tran Assoc.Prof. Nguyen Van Luot Secretary: Dr. Tran Ha Thu	Tiểu ban 3/Parallel session 3 Workplace, technology, and well-being Phòng 307 nhà E/Hall 307 – E Building Session chair: Prof. Pawel Jurek Prof. Natasza Kosakowska-Berezecka Assoc.Prof. Le Thi Minh Loan Secretary: Dr. Hoang Mai Anh
13h30-13h50	Family loyalty and mental health in emerging adulthood: preliminary validation of Vietnamese version of the family loyalty questionnaire <i>Aleksandra Lewandowska-Walter, PhD</i> Institute of Psychology, University of Gdańsk	Lifestyle and resilience: A cross-sectional study among Polish university students <i>Pawel Książek, Hubert Wydra, Alicja Szlejf; Agata Rudnik, PhD; Pawel Atroszko, Assoc. Prof; Klaudia Bochniarz, MA</i> Institute of Psychology, University of Gdańsk	Beyond WEIRDs – How we advanced theories of gender beliefs – Insights from towards gender harmony project. <i>Natasza Kosakowska-Berezecka, Prof</i> Institute of Psychology, University of Gdańsk
13h50-14h10	From prenatal education to mother-infant bonding: a theoretical overview of maternal psychology and spousal attachment <i>Nguyen Thị Hang Phuong, Assoc.Prof; Ta Thien Vu, Ho Ngoc Hoang Anh</i>	Human values in high school students in Ho Chi Minh City: an update based on Schwartz’s refined 19-value model <i>Le Hoang The Huy, PhD; Nguyen Nguyen Bach</i>	The relationship between perceived teacher support and school well-being among Vietnamese adolescents: The mediating role of gratitude <i>Kieu Thi Thanh Tra, Dr</i>



	Faculty of Psychology - Education, University of Education, The University of Danang	Department of Psychiatry, School of Medicine, University of Medicine and Pharmacy Ho Chi Minh City.	Psychology Department, Ho Chi Minh City University of Education
14h10-14h30	The impact of early maladaptive schemas on the mental health of young adults Phan Thi Mai Quyen Ho Chi Minh City Open University	Academic stress and coping strategies of gifted students Huong Thu Tran, Dr; Huong Thu Tran Assoc.Prof; Dung Hanh Pham, MA Faculty of Psychology, University of Social Sciences and Humanities, VNU Hanoi	The impact of online gaming behavior on school bullying among high school students in Haiphong city Pham Thi Thu Hoa, Assoc. Prof Faculty of Psychology, University of Social Sciences and Humanities, VNU Hanoi
14h30-15h00	Thảo luận/Discussions	Thảo luận/Discussions	Thảo luận/Discussions
15h00-15h15	Giải lao/Tea break		
15h15-15h35	Childbirth-related PTSD symptoms in Vietnam and Poland - prevalence and risk factors Paulina Pawlicka, PhD Institute of Psychology, University of Gdańsk	Adlerian counseling for adult with maladaptive approval-seeking: a case study Bui Thi Hong Thai, Assoc. Prof; Tran Thi Thanh Huyen, Nguyen Thi Nguyet Nga, Hoang Minh Anh, Pham Thi Huyen Trang Faculty of Psychology, University of Social Sciences and Humanities, VNU Hanoi	Exploring therapeutic alliance in video conferencing versus face-to-face counseling: perspectives from Vietnamese mental health practitioners Luan Quang Nguyen, MA ; Diep Ngo, PhD; Khoi Le, PhD; Lien Le, PhD University of Social Sciences and Humanities, VNU Ho Chi Minh City; New Hope Psychotherapy Center
15h35-15h55	Mental health stigma and cultural orientation in young adults: a cross- cultural comparison between Vietnam and Germany Bui Thi Thuy Duong University of Social Sciences and Humanities, VNU Hanoi	Filial piety and different attitudes toward: violence, money, sex and death - Intergenerational study in Poland Joanna Różycka-Tran, Prof; Jan Fabczak, Konstancja Janiak, Aleksandra Afranowicz, Julia Janik Institute of Psychology, University of Gdańsk	The visual-verbal dialogue method in managing employees' mental health: An autoethnographic study of women from diverse professions Małgorzata Kaczmarzyk, PhD Institute of Pedagogy, University of Gdańsk
15h55-16h15	Understanding intellectual disability in a changing world new insight into cognitive, memory, and adaptive profiles Urszula Sajewicz-Radtke, Dr; Bartosz M. Radtke, Ariadna Łada-Maśko,	Effectiveness of a mindfulness-based art intervention in reducing perceived stress among Vietnamese secondary school students	Relationship between moral disengagement and cyberbullying behavior via social networks among secondary school students



	<i>Pawel Jurek, Michał Olech</i> Institute of Psychology, University of Gdańsk	<i>Dao Quynh Anh, Nguyen Kim Nhung, Dang Thi Anh, Nguyen Mai Cam Nhung, Tran Ngoc Minh, Nguyen Huong Linh</i> University of Social Sciences and Humanities, VNU Hanoi	<i>Truong Thanh Long, MA; Tran Thu Huong, Assoc.Prof; Tran Thu Huong, Dr</i> University of Quy Nhon, University of Social Sciences and Humanities, VNU Hanoi
16h15-16h45	Thảo luận/Discussions	Thảo luận/Discussions	Thảo luận/Discussions
16h45-17h00	Bế mạc Hội thảo/CLOSING CEREMONY Địa điểm/Place: Phòng 304 nhà E/Hall 304 – E Building		

